

Carry it with you



ZERO WASTE
ACTIVITY



What can we
observe?

This experiential activity prompts you to question how much waste you are generating in a day and contributing to your EnviroSchool's waste stream. NB: Before beginning this activity, consider health and safety factors that may affect you and others. Consider also how you might inform others in your school community so that they can become aware of waste they generate.

You will need

- A bag for each person in the class (you could make one out of newspaper – instructions below)

Method

1. Make a bag first thing in the morning.
2. Label your bag with your name.
3. Carry your bag with you for a whole day. Instead of throwing anything away, put it into your bag. Make sure you put the remains of your lunch in there too – empty out your lunchbox!
4. At the end of the day, see how much waste you have collected. Weigh each type of waste or estimate the volume (see audit activity).
5. You could ask members of your family to try this activity too and see how much waste they generate in a day.

Reflection/ Pūmahara

Were you surprised about the waste you created?

What was it like carrying it with you?

If you had to carry your waste with you every day, what are some of the things you would start doing differently?

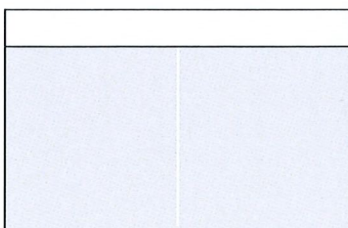
What stops you doing those things anyway?

What do you think happens to all this waste?

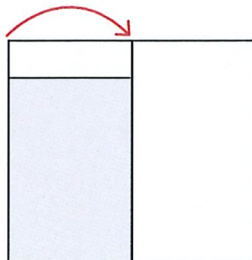


Origami paper bag instructions

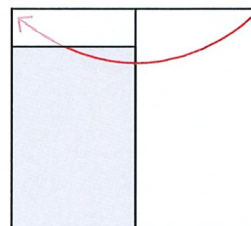
1. Take 2-3 pieces of newspaper. Lie them down on a flat surface.



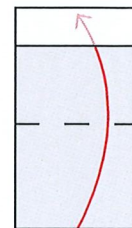
2. Fold the top (long edge) down about 5cm



3. Turn the sheet over and fold into thirds – starting with the left



4. Fold the right side over and tuck it under the flap at the top



5. Turn it over and fold the bag in half longways and tuck the bottom under the flap